November 23rd & 24th GOLDEN HILL RETREAT CENTER COLDSPRING, TX

### WHAT IS KUNDALINI ACTIVATION?

Experience a transmission of life-force energy and non-dual states of awareness to awaken your innate ability to heal, transform, and evolve. What comes is an unblocking of your energy centers, alignment with your divine potential, and a deeper connection to your truest, most authentic essence. A mystical experience beyond words...

### WHY DO A NON-DUAL IMMERSION?

You will receive different types of high frequency transmissions that will upgrade your energy system and consciousness. These transmissions and the potent combination of them were developed to stimulate a profound and lasting acceleration of your awakening, helping you find new paths back to consciousness, back to the real you.

Life changing benefits in between sessions: stronger intuition, clarity & sense of purpose, nervous system regulation, alignment with ones true self, ability to manifest true desires, shifts in perception of reality, releasing limiting beliefs, bliss states and oneness.

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### Schedule

Day 1: You will receive two back to back KAP sessions, allowing the enegy to go deeper, to prepare the body and nervous system for the non-dual transmissions.

Day 2: You will receive the non-dual transmissions. This is a more subtle type of energy, allowing you to experience a state of consciousness at the peak of many spirtual practices such as Zen Buddhism. This state is embodied not just experienced in the mind.

Much can happen, including bliss states, ego death, deep truths and realizations, and an experience of your true nature beyond ego and separation. You observe yourself from a whole new perspective and begin to live in alignment with your highest purpose.

#### DAY 1: 1-5 PM

2 KAP SESSIONS, SHARING CIRCLE & GROUP DINNER

DAY 2: 8:00AM - 12 NOON 2 NON-DUAL TRANSMISSONS, SHARING CIRCLE, & GROUP LUNCH

#### EXCHANGE: \$450

**BOOKINGS VIA:** NOUSHIN ZELLE +18328585571 OR VENMO @NOUSHIN-IZADIFAR

PLEASE NOTE LODGING AND ACCOMMODATION IS NOT INCLUDED

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## Lodging/Accomodations & Meals

#### LODGING:

Participants must stay onsite to maint ain the energy container of this Immersion.

Rooms Available for check-in as early as 11/22 and checkout latest on 11/25.

Bunks: \$40/night

Private shared Bdr: \$80/night (queen, full, king)

Private w/ private Bath: \$135 (1 full) \$10 extra pet fee for non-aggressive pets for the entire stay.

#### MEALS:

Ala carte option for breakfast (\$15/day), lunch (\$15/day), and dinner (\$20/day).

First day's dinner and second day's lunch are included.

For an optimal experience, no lunch on 11/23, and no breakfast on 11/24 are recommended. Optional fasting would further enhance your experience.

#### AMENITIES:

Multiple modalities available for booking in advance via Golden Hill Retreat. Please see their website.

#### HOW TO BOOK:

Please contact Golden Hill Retreat Center at info@goldenhillretreat.com or (832) 373-9463 to book accommodations and specify if you will be opting for breakfast/lunch, and other services separately.

Your reservation must be finalized prior to the retreat.

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### Your Facilitator



#### DR. NOUSHIN IZADIFAR HART

Noushin is an accomplished oncologist and certified Level 2 KAP facilitator. A meditator for 30 years, and practicing KAP since 2020, she deeply appreciates the profound transformations that KAP has catalyzed in both her personal and professional spheres. She finds immense joy sharing this transformative modality with individuals across the USA and globally. Noushin firmly believes that by elevating vibrational frequency of individuals, we have the power to effect positive change on a global scale.

Visit: www.h2hcc.com